



游泳隊 | Swimming Team

歷史/History

"臺北醫學大學游泳隊於2012年的暑假成立，今年邁向第8年。校泳隊的第一位教練是江佩璇教練，佩璇教練是在體育處工作的老師，泳隊教練則是她的兼任工作，因當時教練在北醫工作，所以教練只拿北醫薪水，校泳隊只是她額外幫忙的工作，有了佩璇教練願意在沒什麼教練費的情況下，仍然願意付出自己的時間獻給校泳隊，讓北醫校泳開始慢慢地萌芽。游泳校隊跟其他校隊比較不一樣的點是比較沒有團體的項目，無法邊練習邊交流，但既然是個團隊就需要大家的向心力，因此擔任隊長的人會特別在意怎麼培養向心力。昱如學姊(第三屆以及第四屆的隊長)在2013年入學後入隊，當時隊員數很少，如果太多人請假時，士氣會變得很差。且當時的入取標準很高，依照比賽是否能進前八名來分為AB兩組，因為這樣的強迫分組，出去比賽的也都只有A組，加上B組練習時間比較奇怪，導致B組出席率越來越低越來且沒動力練習。到了昱如學姊當隊長時，把AB組練習時間都改在一起，錄取標準也改為不管成績多少都收。到了下幾屆下來，泳隊的整個向心力都變得很好。在泳隊除了交友可以變廣，身體也可以變健康，但在成績進步的過程一定是痛苦的，要進步都會有一段痛苦的時間，但突破之後就會很有成就感，不論做任何其他事情也都是如此，堅持造就偉大。"

TMU swimming team is originated in 2002 summer, and now it's the eighth year since we established. Our first coach is 江佩璇, who was working at the office of P.E. affairs then. Since the coach of our team was her part-time job with no salary, it's really thankful of her to spend her time training us even though there weren't much fee.

Swimming team is a little difference with other team because there is only personal competition in formal competitions. In that case, we cannot communicate with each other while training. As we are a team, we need to get everyone's heart together. Therefore, every captain of our team especially care about how to bring everybody's heart together. 昱如, the captain of 3rd and 4th session, joined the team since she admitted TMU in 2013. Team members were only a few people at that time, so if many people ask for leave in someday, the rest of team member went low. Also there was a high standard of admission, and members were divided into two groups, A and B, depending on whether he or she is able to get ranking higher than 8th or not. Because of the constrained group, only the A group members were allowed to compete with players of other school, and the training time of group B was weird, leading to more and more people's absence and lost their willing to practice. Therefore, she altered the practice time together and canceled the standard of admmission, welcoming anyone who loved swimming could join us. After several years, the swimming team becomes much more better than before. Not only can you make many friends in our team, but also make yourself healthier. The process of changing might go through a painful time, but you will get the sense of fulfillment and happiness after all of your hard work, no matter what are you doing. Perserverance makes greatfulness.

成員介紹/Team Members

隊長Captain：姜泓均 Wendy Chiang / 副隊長Vice Captain：陳芊樺 Chloe Chen, 林奕辰 Ethan Lin
經理Team Manager：李旻軒 Sharon Lee, 許維庭 Waiting Hsu
隊員Team Members：Andre Zahn, Monica Wang, 廖堃宇 Kyle Liao, 白耕豪 Oscar Bai, 常恩 En Chang, 蔡承洋 Roy Tsai, 蔡文馨 Esther Tsai, 洪韻婷 Jennifer Hung, 黃承胤 Edward Huang, 馮翊 Howard Feng, 洪天牧 Amu Hong, 楊承昕 Arthur Yang, 林子安 Alex Lin, 倪嘉婷 Elaine Ni, 郭曉蓉 Patty Guo, 彭進維 Ching-wei Peng, 謝宇恩 Ian Hsieh, 陳詠涵 Yong-han Chen, 李沅庭 Emily Lee, 陳慈揚 Daniel Chen, 陸志剛 Gary Lu, 邱予 Joey Chiu, 蘇泓 Sophia Su, 林筱晴 Hsiao-ching Lin, 葉惠瑜 Alex Yeh, 李亮玟 Mandy Lee, 劉子廷 Elica Liu

榮耀時刻/Honorable Moments

108松竹梅

<個人項目> 姜泓均 一般女子組 100公尺捷式 第六名
林子安 一般男子組 50公尺仰式 第四名

109全國大專運動會

<個人項目> 林子安 一般男子組 200公尺仰式 第六名

<團體項目> 一般女生組 4x200公尺捷式 第五名-姜泓均, 蔡文馨, Monica Wang, 倪嘉婷

球隊名言/Team Quote

臺北醫學大學游泳校隊是一支已行之有年的隊伍，在過去的比賽裡，我們不乏輝煌的成績；但在這個競爭激烈項目中，面對他校的選手，我們也仍然有進步的空間。游泳隊對未來的期許，是能維持目前隊員的體力，提供選手一個訓練游泳技巧的環境；並同時不停招募新血，擴展規模，讓臺北醫學大學游泳校隊在比賽中再創佳績！

TMU swimming team is a well-established team. In the past few years, we got several good grades. But in the furious competition, we still have some space to progress in facing players from other school. Our wishes are preserving the physical strength of our members in order to provide a good environment for training and practicing swimming skills, recruit new members and extend our scale to get better and better grades in competitions.

