

## 歷史/History

臺北醫學大學男子網球隊歷史悠久,成立時間約在北醫創校初期。北醫男網隊成軍至今 屢次在全國醫學大學運動會(醫學盃)、大專盃獲得佳績,自古就是網球項目的強校,近期更拿 到108學年度醫學盃亞軍。 108學年度男網成員共16位選手、一位球經,甚至沒有體保生。 在李家豪教練專業的指導下,導入專業訓練,將熱身、球技、體能訓練建立成一套有系統的練 球模式。平時教練鼓勵隊員們積極參加比賽(如台灣大專網球排名賽、adidas盃、風崗盃等), 希望隊員們藉參與比賽累積上場經驗,並藉此驗收平時的訓練成果、檢討自己的不足之處。除 此之外,也鼓勵隊員能在平常練球時間之外,能夠私下約打球、慢跑,積極提升自己的實力。

臺北醫學大學男子網球隊一直以來都以""奮戰到底""為上場比賽的基本態度,一但站上了 比賽球場,我們就是代表臺北醫學大學,我們可以接受被打敗,然而卻不能接受自己投降,儘 管對手是體育資優生,我們也不能輕易言棄。曾經有位學長對戰體育資優生,他知道自己可能 贏不了,但他也絕對不讓對方贏得像喝水一樣輕鬆,奮戰到底,雖然最後還是飲恨,卻也贏得 對手的敬重。"

" Taipei Medical University tennis team has a long history and was established in the early days of Taipei Medical University. We have repeatedly won good results in the National Medical University Games (Medical Cup) and the College Cup. This year we also won the second place in Medical Cup. In the school year of 108, there were 16 players, 1 assistant. Under the professional guidance of coach Li Jiahao, professional training was introduced, and warm-up, ball skills and physical fitness training were established into a set of systematic training patterns. The coach usually encourages the players to actively participate in the game (such as the Taiwan College Tennis Ranking Tournament, adidas Cup, Fenggang Cup, etc.), hoping that the players will accumulate experience by participating in the game, and thus use it to accept the usual training results and review their deficiencies. In addition, players are also encouraged to be able to play privately, jog in private, and actively improve their strength beyond the usual practice time. The Taipei Medical University men 's tennis team has always regarded ""fight to the end"" as the basic attitude of the game. Once we stand on the court, we are representing Taipei Medical University. We can accept being defeated, but we cannot accept our surrender. Although our opponents are sports gifted students, we can't give up easily. There was a senior who played against sports gifted students. He knew that he might not win, but he would never let the other party win as easily as drinking water. Fighting to the end, although he still drank hatred, he also won the respect of his opponent."

## 球隊名言/Team Quote

網球沒有你想像中那麼難,但也沒有那麼容易;雖然不好上手,但是很 認真去練習依舊能有一番收穫。儘管網球在臺北醫學大學不算是很熱門 的運動,但是憑著彼此對於網球的愛好,我們仍然一步一腳印、在本次 的醫學盃獲得佳績。未來希望能創造屬於我們自己的黃金時代。

Tennis is not as difficult as you think, but it is not so easy; although it is not easy to get started, but you can still gain a lot from practicing very seriously. Although tennis is not a very popular sport at Taipei Medical University, but with each other's hobby of tennis, we still have a step by step and achieved good results in this medical cup. The future hopes to create our own golden age.

## 榮耀時刻/Honorable Moments

1全國醫學盃聯誼賽108第二名 2全國醫學盃----成大107殿軍 3全國醫學盃----高醫100季軍 4全國醫學盃103亞軍 5全國醫學盃104冠軍 6全國醫學盃105亞軍 7全國醫學盃----長庚106殿軍 8大專盃103全國第六 9大專盃106北區第五,全國第八 10大專盃107男雙全國第五 混雙全國第六



**隊長Captain**:楊志毅YANG,ZHI-YI **副隊長Vice Captain**:陳靖允CHEN,JING-YUN 湯詠靖TANG,YONG-JING 林函希LIN,HAN-HSI 球員Team Members:楊博翰YANG,BO-HAN,河原紹二SHOJI,廖宜澈LIAO,YI-CHE,董冠緯 DONG,GUAN-WEI, 葉柏言YE,BO-YAN, 洪振元HONG,ZHEN-YUAN, 林昱文LIN,YU-WEN, 曾柏瑄 Zeng Bai-xuan, 林彥君 Lin Yan-jun, 賴冠甫Lai Guan-fu

球經Team manager:林莛珈Lin Ting-jia





